

Ref.No.5995/ME-1/2026

Office of the Dean,  
Govt. Theni Medical College,  
Theni.

Dated: 07.09.2025

**Sub** : Medical Education – Govt. Theni Medical College,  
Theni – Foundation Course for First Year MBBS course Students  
Schedule Communicated - Regarding.

As per the instruction of the Directorate of Medical Education and Research, It is informed that the Foundation Course for the First year MBBS course admitted during the academic year 2026-27 will be conducted from 15.09.2026 to 29.09.2026 at the 120 Lecture Hall, Government Theni Medical College, Theni as per the schedule enclosed with this order.

All the First Professional year MBBS students (2026 Batch) should attend the foundation course without fail. Attendance is mandatory as per NMC norms.

**Encl:** Foundation Course Schedule

  
DEAN

28  
9/9/2026

**To**

- 1) All Head of the Departments - Govt. Theni Medical College Hospital, Theni.  
- Through official whatsapp group.
- 2) The Notice Board of Boys Hostel/ Girls Hostel, GTMC, Theni.
- 3) The Official College Website, GTMC, Theni.

**Copy to:**

The VP/MS/DS/RMO/ARMO, Govt. Theni Medical College Hospital, Theni.



**GOVERNMENT THENI MEDICAL COLLEGE, THENI**

**PHASE I MBBS 2026-2027 BATCH FOUNDATION COURSE SCHEDULE**

**Dates: 15.9.2026 to 29.9.2026 VENUE: 120 LECTURE HALL**

**Foundation Course Coordinator: Dr.BHARATHA DEVI, Associate Professor , Dept. of Anatomy**

| Date               | 9-10 am                                                                                                                       | 10-11 am                                                          | 11.15am -12pm                                                                                            | 12-1 pm                                                                                            | 1-2 pm | 2-3 pm                                                                                                                                 | 3-4 pm                                                     | Coordinating Department and HOD                |
|--------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|--------|----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|------------------------------------------------|
| DAY 1<br>15.9.2026 | <b>INAUGURATION CEREMONY ( AUDITORIUM)</b>                                                                                    |                                                                   |                                                                                                          |                                                                                                    |        | FC 1.5 orientation to college campus, facilities, faculty and administrative structure, support systems and process of the institution |                                                            | <b>ANATOMY<br/>HOD , Anatomy</b>               |
| DAY 2<br>16.9.2026 | ICE BREAKING- Dr Bharatha Devi,MD.,<br>Introduction to Foundation FC 1.2Indian Medical Graduate/ (MEU)<br>Dr. Anitha Mohan,MD |                                                                   | FC 1.1<br>Role of Doctors in Society<br>Dr.SopnaJothi MD (MEU)                                           | FC 1.4<br>Rules and regulations /<br>antiragging measures<br>VicePrincipal /Anti ragging committee |        | FC 1.7 Overview of MBBS Curriculum and its relation to career pathways (MEU)<br>Dr.Gowri Thilagam,MD                                   | FC 5.4Computer skills<br>Dr.Vinothini MD (Pharm)           | <b>ANATOMY<br/>HOD , Anatomy</b>               |
| DAY 3<br>17.9.2026 | AETCOM- Cadaver as a Teacher<br>Dr.S.Ezhilarasan M.S (Anat)                                                                   | FC 1.10<br>History of Medicine CM<br>Dr.Tamilamudhan              | FC4.14 Principles of group learning and group dynamics (MEU ) Dr. Shankareswari,MD, Dr.Muthuprabha, MD., | Department Intro Anatomy<br>Dr.S.Ezhilarasan M.S (Anat)                                            |        | Department Intro Physiology<br>Dr. Anitha Mohan,MD(Physio)                                                                             | Department Intro Biochemistry<br>Dr.Ananthan M.D (Biochem) | <b>ANATOMY<br/>HOD , Anatomy</b>               |
| DAY 4<br>18.9.2026 | FC 2.8 Immunization for healthcare professionals Dr. (Paediatrics))                                                           | FC4.14 methods of self directed learning –<br>Dr.Anitha Mohan MEU | FC 4.9<br>Time management<br>Dr.Shobana MD(Path)                                                         | FC 5.2 Local language - Spoken Tamil<br>Dr Peterdas (Pathology)Tam il mandram                      |        | Visit to Blood Bank/ blood donation. ( blood bank)Dr.Priya                                                                             |                                                            | <b>BIOCHEMISTRY<br/>HOD ,<br/>Biochemistry</b> |



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| DAY 5<br>19.9.26    | FC 3.3 Healthcare system in India (SPM)<br>Dr.Akila                                                     | Introduction to Shadowing (MEU)<br>Dr.Shobana MD(Path)                                            | FC4.8 YOGA -Role of Yoga and meditation on personal health (Yoga and naturopathy) Dr Tamil     |  | FC 2.2 Significance of Documentation (FM)<br>Dr.Arun kumar MD (FM)                                                                                            |                                                       | PHYSIOLOGY<br>HOD , Physiology                    |
| DAY 6<br>21.9.2026  | SHADOWING- HOSPITAL VISIT-MEU- DR SHOBANA/ FC 3.3 3.4 AND 3.5 FIELD VISIT Community Health Centre )-SPM |                                                                                                   |                                                                                                |  | FC5.5 E learning<br>Dr.Velmurugan (MEU)                                                                                                                       | FC 3.1National Health Policies(SPM)<br>Dr.Jayabhrathi | COMMUNITY<br>MEDICINE<br>HOD , Community Medicine |
| DAY 7<br>22.9.2026  | SHADOWING- HOSPITAL VISIT-MEU- DR SHOBANA/ FC 3.3 3.4 AND 3.5 FIELD VISIT Community Health Centre )-SPM |                                                                                                   |                                                                                                |  | FC 1.9 Principles of family practice (SPM)<br>Dr.Veerakumar                                                                                                   | Introduction to Research(SPM)<br>Dr.Keerthana         | COMMUNITY<br>MEDICINE<br>HOD , Community Medicine |
| DAY 8<br>23.9.2026  | FC 4.7 Stress Management and risk taking behaviour / MANAM PROGRAM<br>Dr.Rajesh Kannan (Psychiatry)     | FC 5.1AETCOM - Communication skills<br>Dr.Anbarasan MD (MEU)                                      | FC 4.8 YOGA -Role of Yoga and meditation on personal health (Yoga and naturopathy)<br>Dr.TAMIL |  | FC 4.11Role of Mentoring (PEER MENTORING AND COLLABORATIVE LEARNING) Dr. Shankareswari (MEU)                                                                  | Sports And Extra Curricular Activities                | BIOCHEMISTRY<br><br>HOD , Biochemistry            |
| DAY 9<br>24.9.2026  | BRAIN BOOSTERS –Hacking Medical School Learning<br>Dr.Enoch (Psychiatry)                                | FC 4.10 Interpersonal relationships while working in a health care team Dr. Shanthavibala MS (CC) | FC4.8 YOGA -Role of Yoga and meditation on personal health (Yoga and naturopathy) Dr Tamil     |  | FC2.3.5Biosafety and Universal Precautions , FC 2.5 Proper handwashing<br>FC 2.6 Appropriate response to needle stick injury<br>Dr.Lakshmanakumar MD ( Micro) |                                                       | BIOCHEMISTRY<br>HOD , Biochemistry                |
| DAY 10<br>25.9.2026 | FC 2.1 Basic Life Support with hands on training (Emergency medicine ) DrBalasubramanian                |                                                                                                   |                                                                                                |  | FC 5.2Local language Spoken Tamil Dr Peterdas (Pathology)Tamil mandram                                                                                        | Sports& Extra Curricular Activities                   | BIOCHEMISTRY<br>HOD , Biochemistry                |

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| DAY 11<br>26.9.2026 | FC2.2 First Aid to Medical Emergency/ Road safety/ Organ donation (Emer.med) Dr.Rajjakumar |                                                                                                                                  | FC 1.6 CAREER PATHWAYS and opportunity for personal growth (MEU-Dr.Thiruvengadam)  |  | FC2.4 2Biomedical waste management<br>DR ANUSHA (Microbiology)                     | Sports And Extra Curricular Activities                         | PHYSIOLOGY<br>HOD , Physiology |
| DAY 12<br>28.9.2026 | Introduction to alternative system of medicine (AYUSH)<br>Dr.Sankar (Siddha)               | FC 4.1,4.2,4.3Professionalism & Medical ethics / consequences of unprofessional and unethical practice.<br>Dr.Arun kumar MD (FM) | Lifestyle modification and nutrition -Dr.Mary Sushmitha , MD(RD)                   |  | FC 5.3English skill training (MEU)Dr.C.Anitha Mohan                                | Introduction to student club activities by the student council | PHYSIOLOGY<br>HOD , Physiology |
| DAY 13<br>29.9.26   | Work place safety for women<br>Dr.Vidhya MD ( Anaes)                                       | FC5.5 E learning<br>Dr.Velmurugan (MEU)                                                                                          | FC 1.2 Indian Medical Graduate AI UGME Needs assessment(Dr Anbarasan and team MEU) |  | FC 1.2 Indian Medical Graduate AI UGME Needs assessment(Dr Anbarasan and team MEU) |                                                                | PHYSIOLOGY<br>HOD , Physiology |

The coordinating Phase 1 department is responsible for getting

1. the student's attendance twice daily (once in the morning and in the afternoon),and
2. the students feedback in the Google forms &
3. For organising the sessions of the day.

Station:Theni

Date: 09.26

9/9/26  
DEAN

